

Matters of Life & Death

2016 PUBLIC PRESENTATION & DISCUSSION SERIES **WOODEND**

ILLNESS DEATH BEREAVEMENT

TRANSFORMING GRIEF — half-day seminar

Susan Vos (Brisbane), author of **Embracing Grief, Transforming Life**, leads a discussion and workshop on the transformation of grief.

Discussion 1.30pm – 3.30pm Transforming Grief as an Inner Path

Susan will share aspects of her journey of transformation since the death of her eldest son in 2006. She will highlight key practises that developed on her devotional path of transforming her grief, and consequently, her life.

This gathering will invite meaningful conversation, be interspersed with inspirational readings, and encourage the sharing of personal experiences of grief, its hidden gifts, and connections with loved ones who have died.

Workshop 4pm – 6pm Inner peace — guided healing with TAT

Susan will introduce the *Tapas Acupressure Technique*. All grief-related challenges can be brought into this gentle meditative healing process and lead hearts and minds to a place of peace.

Afterwards, there will be time for sharing of experiences. (Please note: TAT does not require the revisiting of painful events).

Susan Vos is a healing facilitator, certified TAT practitioner and spiritual companion. Her personal transformation through the death of her son Simon, in October 2006, opened the door for her calling to be of service in the world. She is passionate about the potential within each human being.

Cost

To assist with venue and Susan's travel costs from Queensland, the following donations are requested:

Discussion & Workshop: \$35

Discussion only: \$15

Workshop only: \$25

(refreshments included)

16 March

Myles Watson LLM JD
End of life legal decision-making

4 April

Irmhild Kleinhenz ND
Finding meaning in illness & death

4 May

Rev. Cheryl Nekvapil
Rituals at the end of life

8 June

Siegfried Gutbrod
Spirituality & healing

13 July

Libby Moloney & Jacqui Morgan
Integrating end-of-life, after-death & funeral care

13 August (Saturday workshop)

Irmhild Kleinhenz & Pippa White
Death care —Laying out and tending the for the vigil

Saturday September 17

The Norma Richardson Hall

St. Mary's Woodend 15 Buckland Street

Enquiries 0410 607 317 or 0407 521 397

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